

PARENTS'
HELPFUL
HANDBOOK

Compiled by the

FAMILY RESOURCE CENTER

Advisory Council & Volunteers

2021

(731) 642-2938

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ADDITIONAL FOOD RESOURCES

Paris Henry County Food Bank
55 Jones Bend Road Extended
Paris, Tennessee

731-642-3172

All applicants must be prescreened and added to the daily list.

*Call M-W-F morning, if approved- pick up is from 3 to 4 P.M.

EMERGENCY FOOD ONLY: Nonperishable food. 3 day supply. Approved individuals may receive food every 90 days.

First United Methodist Church
101 East Blythe
Paris, Tennessee

731-642-4764

Henry County Residents ONLY.

*Canned goods= Monday or Friday 11:00 to 12:30 P.M. Every 30 days

*Perishable foods 2nd Harvest= 3rd & 4th Tuesday at 11:00, no screening necessary.

*3rd Saturday 11:00 (Drive thru during Covid)

Eastwood Church of Christ
800 East Wood
Paris, Tennessee

731-642-2861

Box of canned food Mon-Fri before 2:30.
Help is given only once a year.

Lakeside Christian Fellowship
Tuesday 6:00pm-6:30pm
Henry Co. residents

731-642-3445 or 731-644-0111

FOOD RESOURCES CONT.

Fairview Baptist Church
177 Memorial Drive
Paris, Tennessee

731-642-2191

Nonperishable items, the amount of food is based on the family size. You must fill out an application and supply a photo id. Please call for appointment on Mondays 9:00am-11:00am, food can be picked up from 1:00-3:00pm (same day) if approved.

New Harmony Baptist Church
7050 Hwy 69 S
Paris, Tennessee

731-593-5276 Ext. 304

2nd Harvest Food-3rd Tuesday each month at 10 am
By appointment only, call on Tuesday before.

Antioch United Methodist Church Food Pantry 731-644-1814
Serving Buchanan & Springville area

Church answering machine, please leave your name and phone number, and speak clearly. (Help within 5 mile radius)

OTHER HELPFUL NUMBERS:

DHS-Food Stamps 731-644-7350

Meals on Wheels 731-642-3139
55 Jones Bend Road Extended
Paris, Tennessee

Meals catered for senior citizens only (60 or older). Must apply prior to being placed on the list. Meals delivered 5 days a week to citizens in Paris, Puryear and Henry. Every day a meal is served at 11:00 in the Central Building for seniors 60 or older. Please call each day for information.

USDA Food Commodities 731-642-3132
55 Jones Bend Road Extended
Paris, Tennessee

Application is required Income Eligible, once every quarter for pickup. USDA food usually, a box of food (about 75lbs).

CHILD CARE SERVICES

Child Care Aware (Military Families Only) **703-341-4100**

DHS Child Care Resources **731-644-7350**
Provides assistance, income guidelines

Henry County HeadStart **731-642-4704**

Northwest Tennessee Economic Development **731-352-4743**
Headstart, McKenzie, TN

Tennessee Early Childhood Centers

Must Meet eligibility requirements:

3 & 4 year olds

Henry School (Open 7:15-2:15)) **731-243-7114**

Lakewood School (Open 7:30-2:30) **731-644-1600**

Harrelson School (Open 7:00-2:15) **731-247-3152**

TNCares Early Head Start **731-644-3470**
Birth – 3 years

For a list of licensed child care facilities in Henry County, go to

www.childcarecenter.us/tennessee/paristn

CLOTHING

Salvation Army

731-642-4105

The Shed (Facebook Page)

(Confidential) 731-642-0961

Closet -High School Students

731-642-5232

COUNSELING SERVICES

Baptist Behavioral Health Care

Union City, TN

800-828-4578

731-885-2410

Carey Counseling Center

408 Virginia St, Paris, TN

731-642-0521

Youth Villages

Transitional living (18-22 years) not handicapped

731-641-4141

For a list of individual counselors in private practice or additional information,
contact the FAMILY RESOURCE CENTER AT 642-2938

DENTAL

The following Henry County dentists accept TennCare for children and youth under 21

Dr. J.B. Johnsonius **731-642-8540**

Orthodontist TennCare **615-327-6910**
Meharry Medical, Nashville, TN

Western District Baptist Association **731-642-4641**
Services: free dental extractions for seniors and low-income adults. Application forms at Dept. of Human Services

Dr. Jeffrey Fletcher/Dr. James Graves **731-653-7455**

DISABILITIES

- Down Syndrome Assn. of West TN** **731-499-1065**
Provides support & resources for new parents of children with Down Syndrome
www.dsawt.org
- TN Early Intervention System** **800-852-7157**
Services: support for at-risk children (birth to 3 yrs)
- Tennessee Vocational Rehabilitation Center** **731-644-7361**
Services: help with employment for adults with disabilities
- Social Security Office– Paris** **1-866-698-2507**
- Social Security toll free** **1-800-772-1213**

DOMESTIC VIOLENCE

Call Sheriff's Dept.

731-642-1672

DRUG AND ALCOHOL ABUSE

JOCOA (Jackson Area on Alcoholism and Drug Dependency)	731-423-3653
The Hope Center	931-264-0228
Celebrate Recovery-TVCC	731-641-8822
Phases to Freedom Recovery	731-407-4950

EMERGENCY HOUSING

Henry County Sheriff's Dept.

731-642-1672

Ronald McDonald House

Nashville, TN

615-343-4000

Set Free Ministries–Women's Transitional

731-227-8821

Free Will

Humboldt, TN

731-784-9358

EMPLOYMENT

Tennessee Career Center	731-641-1020
Hamilton-Ryker Temporary Services	731-644-2373
Manpower	731-642-0001
@Work Personnel Services	731-407-7792

FINANCIAL SERVICES

Clearpoint Financial Solutions 800-388-2227
Services: Credit Counseling

Department of Human Services 731-644-7350

Family Resource Center Benevolence Fund 731-642-2938

Lifeline (TN Regulatory Authority)

Link-Up Tennessee

Lifeline Services: discounts on local phone charges, people eligible include those on Medicaid, Food Stamps, and Families First or income guidelines.

Link-Up Tennessee Services: assists phone connections Both **800-342-8359**

Northwest Tennessee Economic Development Council 731-642-3132

Project HELP 731-642-5855
Tuesdays & Thursdays 7:00 – 10:00a.m, Electric Bills only

Salvation Army 731-642-4105
Monday 9:00 a.m.-12:00 noon

Easton's Angels

www.eastonsangels.org

Helping children with life-altering illnesses

FOOD

Food Stamps – Dept. of Human Services **731-644-7350**

Meals on Wheels **731-642-3139**

Barbara Pearson 8:30-4:30 p.m. (provides full meals)

Northwest Economic Development Council **731-642-3132**

Commodities

New Life Baptist Church, Henry, TN **731-243-2626**

Paris-Henry County Food Bank – Screening **731-642-3172**

Services: Food Bank is open M, W, and F from 3-4 p.m.

Must call in advance for approval

Provides emergency food for 3 days

First United Methodist Church **731-642-4764**

HEARING

Henry Tennessee Relay Services

800-848-0299

Services: telephone relay services for deaf or hearing impaired individuals

Lewis Hearing

731-644-1407

Contact Family Resource Center at 642-2938 for listings of Ear, Nose and Throat Specialists, services for the hearing impaired.

HOUSING

The following provide income-based public housing

Crestview Manor	731-642-0544
Brookfield Apartments	731-642-7773
Paris Housing Authority	731-642-4451 (fax) 731-642-4496
Wesley Pine Ridge Senior Housing	731-642-7773 or 731-641-8898

The following are income-limited rental units

Colony Square	731-644-1786
Park Village Apartments	731-642-3992
Southwood Apartments	731-644-1497
Tyson Park Apartments	731-642-7074
Rentals: Re/Max	731-642-7362
Foundation Bank	731-642-3130
L&D Properties – Letty Hassell	731-336-0034
Tennessee Housing Development Agency	615-815-2200

LEGAL SERVICES

AARP Grandparent Information Center

202-434-2296

Money Management International

800-966-3328

West Tennessee Legal Services

Huntingdon, TN

731-986-8976

Jackson, TN

731-423-0616

MEDICATION

HCMC Hospice **731-642-7600**

Henry County Healthcare Foundation **731-644-8266**

Tory Daugherty, PR

Helps purchase medication for chronic diseases.

Chronic Disease Management: must re-evaluate every 3 months

Henry Co. Health Dept. Helping Hand Fund **731-642-4025**

Services: pays for medication for children who meet criteria

Pharmacy Relief **731-642-4025**

Apply at local health department

Salvation Army **731-642-4105**

MEDICAL SERVICES

Henry County Healthcare Foundation	731-644-8266
HCMC Home Health & Hospice	731-642-7600
Henry County Health Department	731-642-4025
Henry County Medical Center Sleep Clinic (Tony Fry, Director)	731-644-8486
Medline Plus http://medlineplus.gov <i>Services: health topics, drug information, news</i>	
Shriner's Club <i>Services: Children's medical and hospital referral line</i>	800-237-5055
Lewis Hearing	731-644-1407

For a list of Pediatricians, contact
Family Resource Center at 731-642-2938

MENTAL ILLNESS

National Alliance on Mental Illness (NAMI)
namiparis@namitn.org

800-467-3589

Suicide Prevention Lifeline

800-273-8255

PARENTING INFORMATION

Family Resource Center

Kindergarten Prep

731-642-2938

Carl Perkins Center

731-642-8455

PRENATAL/PREGNANCY SERVICES

Bright Beginnings at Henry Co. Medical Center 731-642-1220

Services: childbirth education classes

Henry County Health Department 731-642-4025

Tomorrow's Hope Pregnancy Care Center 731-642-0600

SCHOOLS EDUCATION

Henry County Ag Extension Office	731-642-2941
Henry County Board of Education	731-642-9733
Lakewood School	731-644-1600
Harrelson School	731-247-3152
Henry Co. High School	731-642-5232
Henry School	731-243-7114
Grove School	731-642-4586
Alternative Learning Center	731-644-8655
Patriot Preschool	731-642-9852
H.C. Virtual Academy	731-642-4586
Adult Education (JSCC)	731-407-7300
Paris Special School District	
Board of Education	731-642-9322
W.G. Rhea School	731-642-0961
Michelle Brewer – The Shed	731-642-0961
The Family Enrichment Center	731-642-8011
Paris Elementary School	731-642-3675
W.O. Inman School	731-642-8131
Tennessee College of Applied Technology	731-644-7365
W.G. Rhea Library, Paris	731-642-1702

SENIOR CITIZEN PROGRAMS

Henry County Office on Aging

731-642-2919

Open Monday-Friday, 8:30-4:30

Northwest TN Area Agency on Aging

731-587-4213

Martin, TN

Services: homemakers, caregiver support, home-delivered meals, in-home services, telephone reassurance, public transportation programs, nutrition services.

Senior Citizen Center

731-642-4566

Open 10-4, M-F

Services: Education programs and social events

SUPPORT GROUPS

Contact FRC for specific information at 642-2938

211 Confidential Help Line, any problems, 24/7

Alcoholics Anonymous (AA Hotline)

877-426-8330 or 800-429-7690

Breastfeeding Support Group (HCMC)

731-642-1220

Celebrate Recovery –

731-641-8822

Christian based program that addresses any hurt, habit or hang-up

Meets every Thursday 6:00-8:00 PM at TVCC

Meal served at 5:30; free children's program (6 months thru 6th grade)

www.Compassionate Friends (loss of child- support group)

Shedd Academy

270-247-8007

Services: educational screening for students with dyslexia, reading, and/or Attention Deficit Disorder

TENNCARE

Advocacy Line	800-318-2596
Health Insurance Marketplace <i>Access, Uninsured, CoverKids, Cover TN, Health Care Navigation</i>	
AmeriGroup – other DHS Services	800-600-4441
Bureau of TennCare <i>(Ins. Families First)</i> Family Assistance Service Center	866-311-4287

Since there are new providers, you need to contact your provider for any changes or appeals.

TRANSPORTATION

Northwest TN Human Resource Agency

Services: provides transportation for residents of Henry County

731-587-2900

877-557-4337

VISION

Henry County Lions/Lioness Club

Contact Family Resource Center for application, forms and instructions

Vocational Rehabilitation Services

Division for the Blind

731-884-2600

Services: Provides vocational training for individuals who are visually impaired, or physical or mentally disabled

VOLUNTEER
OPPORTUNITIES

Henry County Volunteer Center
(Chamber of Commerce)

731-642-3431

Salvation Army

731-642-4105

YOUTH PROGRAMS

Boxing Program (Derrick Moon)	731-642-4229
Boy Scouts of America (Matt Hayes)	731-707-0431
Civil Air Patrol Henry Co. Airport	731-644-7933
Covenant Ranch <i>Services: Christian facility for youth</i>	731-642-2099
Girl Scouts of America (Wendy Wartten)	731-363-7456
Henry County 4-H Club	731-642-2941
Paris Karate	731-642-7425
Paris Parks and Recreation Paris Civic Center	731-644-2517
Pop Warner Community Football <i>Contact: Lt. Jerry Pearson</i>	(fax) 731-642-1440
R.E.A.L. Hope Youth Center	731-333-1320

Disclaimer

The Family Resource Center reserves the right to allocate monies for Programs/Administrative costs within the mission of the FRC.

Special Thanks To The
Family Resource Center Volunteers
For This Revised Edition